

Who Are You?



Teacher's Tools and Handouts

General Information

TITLE

Who Are You?

CYCLE

Secondary Cycle One

GENERAL AREAS OF TRAINING

Orientation and entrepreneurship

Learning related to academic and career guidance content (ACGC) for secondary cycle one**ACGC:**

Interests

EXPECTED RESULT:

Develop a portrait of what does or does not interest him/her inside or outside school

ESSENTIAL KNOWLEDGE

RIASEC

Repertoire of words and short expressions related to students' interest

STRATEGY

Develop: Reformulate or transform information so that its main characteristics or components are reflected or expressed in different ways. Examples: paraphrase, formulate examples and make analogies.

SUGGESTED DURATION

Approximately 2 classes of 75 minutes



WHO ARE YOU?

In this learning situation students will learn about the Holland Code. They will have to develop their interests and name those that generate little or no interest

SUMMARY CHART

Class Sequencing	Tasks	Duration	Required material
Class # 1-2	<ul style="list-style-type: none"> ■ Introductory task (Optional) 	20 minutes	<ul style="list-style-type: none"> ■ Interactive board, computer and speakers. ■ Internet access ■ Song Lyrics https://www.youtube.com/watch?v=TtGY4G7II6s ■
Class # 2	<ul style="list-style-type: none"> ■ Task 1: <i>Fantastic Six</i> 	50 minutes	<ul style="list-style-type: none"> ■ Coloured slips of paper ■ Video : Holland's Six Personality Types: https://www.youtube.com/watch?v=mJrtx6ouYHs)
Class # 3	<ul style="list-style-type: none"> ■ Task 2: <i>KahootIt!</i> 	30 minutes	<ul style="list-style-type: none"> ■ Interactive board, computer and speakers. ■ BYOD or Ipad ■ Internet access <p>Kahoot : <i>Holland's Six Personality Quiz</i>: https://create.kahoot.it/details/discover-the-holland-code/1626d1e7-781e-4c69-84e2-981d74ad2112</p>
Class # 3	<ul style="list-style-type: none"> ■ Task 3: <i>Interests, Non-Interests</i> 	45 minutes	<ul style="list-style-type: none"> ■ Know Your Personality Type with the Holland Code quiz ■ Interest list ■ Handout 2x
Class # 4	<ul style="list-style-type: none"> ■ TASK 4: <i>DESCRIBE YOURSELF</i> 	30 minutes	<ul style="list-style-type: none"> ■ Student booklet ■ COPS Editing technique



Who Are You?

INTRODUCTORY ACTIVITY

SUGGESTED DURATION

20 minutes

MATERIALS

- Computer
- Interactive board, computer and speakers.
- Internet access
- Song lyrics

PROCEDURE

- Listen to the song *Unwritten* by Natasha Bedingfield and fill in the blanks:
(<https://www.youtube.com/watch?v=b7k0a5hYnSI>)
- Ask students to share their understanding of the message (think – pair – share)
- Ask students to explain what makes them think that.



Who Are You?

TASK 1

FANTASTIC SIX

SUGGESTED DURATION

50 minutes

MATERIALS

- Slips of paper with RIASEC definition
- Interactive board, computer and speakers.
- Internet access
- Video : *Holland's Six Personality Types*: <https://www.youtube.com/watch?v=mJrtx6ouYHs>)
- Sheet of paper

PROCEDURE

- Give each student a coloured slip of paper on which keywords or examples are written.
- Holding on to that slip of paper, students sit with the other students who have the same colour. The table at which they sit is identified with a picture which represents one of the six personality types.
- Watch the video *Holland's Six Personality Types* (<https://www.youtube.com/watch?v=mJrtx6ouYHs>).
- After watching the video, students match the examples (slip of paper) with the name corresponding to their personality type.
- Ask students to share obvious examples for each personality type with the rest of the group (Examples taken from the coloured slips of paper.).
- Ask students to bring their BYOD for next class.



Who Are You?

TASK 2

KAHOOT IT!

SUGGESTED DURATION

30 minutes

MATERIALS

- Interactive board, computer and speakers.
- BYOD or IPad
- Internet access
- Kahoot : *Holland's Six Personality Quiz*:
<https://create.kahoot.it/details/discover-the-holland-code/1626d1e7-781e-4c69-84e2-981d74ad2112>

PROCEDURE

- After the presentation of the six personality types, divide students into “RIASEC” groups according to the matching number identified on each slip of paper, (one expert per personality traits)
- Go to Kahoot quiz: <https://create.kahoot.it/details/discover-the-holland-code/1626d1e7-781e-4c69-84e2-981d74ad2112>
- Ask students to enter the pin number; one per team.
- Have students do the Kahoot competition.



Who Are You?

TASK 3

Interests, Non-Interests

SUGGESTED DURATION

45 minutes

MATERIALS

- Interest list
- Handout 2

PROCEDURE

- With all the students, brainstorm on vocabulary related to interests.
- Distribute the *“Know your Personality Type with the Holland Code”*.
- Have students identify their highest and second highest Personality Types.
- Explain to students that now they will learn how to develop who they are using the Holland code.
- Ask students to write their description and choose the picture associated with their personality types.

**Ask students to keep in mind this portrait needs to be accessible throughout the secondary. See your school C.O.*

Unwritten by [Natasha Bedingfield](#)

I am unwritten, can't read my mind, I'm
undefined
I'm just beginning, the pen's in my hand,
ending unplanned

Staring at the blank page before you
Open up the dirty window
Let the sun illuminate the words that you
could not find

Reaching for something in the distance
So close you can almost taste it
Release your inhibitions
Feel the rain on your skin
No one else can feel it for you
Only you can let it in
No one else, no one else
Can speak the words on your lips
Drench yourself in words unspoken
Live your life with arms wide open
Today is where your book begins
The rest is still unwritten

Oh, oh, oh

I break tradition, sometimes my tries, are
outside the lines
We've been conditioned to not make
mistakes, but I can't live that way

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Oh, yeah, yeah

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Realistic (doers)

Realistic people are independent, stable, practical, realistic, athletic, or mechanical." They prefer "things rather than ideas or people being outdoors, using tools, operating machines, interacting with animals, and working with their hands." They also value the "natural, concrete, and tangible.

Adapted from https://en.wikipedia.org/wiki/Holland_Codes

- | | |
|---|---|
| <input type="checkbox"/> fix a car | <input type="checkbox"/> work on an engine |
| <input type="checkbox"/> use power tools | <input type="checkbox"/> go camping |
| <input type="checkbox"/> care for animals | <input type="checkbox"/> paint a room |
| <input type="checkbox"/> play with gadgets | <input type="checkbox"/> cook or barbecue |
| <input type="checkbox"/> play a sport | <input type="checkbox"/> hook up an entertainment system |
-

Investigative (thinkers)

Investigative are intellectual, introspective, curious, methodical, rational, analytical, and logical." They prefer scientific, technical, or medical tasks or activities that involve observation, exploration, and discovery. They like to solve problems, perform experiments, and conduct research.

Adapted from https://en.wikipedia.org/wiki/Holland_Codes

- | | |
|--|--|
| <input type="checkbox"/> use a microscope | <input type="checkbox"/> study other cultures |
| <input type="checkbox"/> dissect an animal | <input type="checkbox"/> build rocket models |
| <input type="checkbox"/> study the weather | <input type="checkbox"/> visit a science museum |
| <input type="checkbox"/> read science-fiction | <input type="checkbox"/> repair computer glitches |
| <input type="checkbox"/> solve math puzzles | <input type="checkbox"/> evaluate a crime scene |

Artistic (creators)

Artistic people are creative, intuitive, sensitive, articulate, expressive, unstructured, original, nonconforming, and innovative. They rely on feelings, imagination and are spontaneous. They prefer to work with ideas, abstractions, and concepts. They also enjoy work that is [literary](#), verbal, visual, and [aesthetic](#) and excel in art, music, dance, drawing, painting, sculpting, writing, drama, design and fashion.

Adapted from https://en.wikipedia.org/wiki/Holland_Codes

- | | |
|---|--|
| <input type="checkbox"/> write stories | <input type="checkbox"/> design stage sets |
| <input type="checkbox"/> sing on stage | <input type="checkbox"/> direct a play |
| <input type="checkbox"/> play an instrument | <input type="checkbox"/> write a blog |
| <input type="checkbox"/> rearrange a room | <input type="checkbox"/> lead a book group |
| <input type="checkbox"/> take photographs | <input type="checkbox"/> learn foreign languages |
| <input type="checkbox"/> arrange flowers | |
-

Social (helpers)

Social people are kind, generous, cooperative, patient, and friendly. They prefer tasks that involve socializing, helping interaction, relationship, educational, interpersonal, and service.

helpful, empathetic, tactful, and , and teaching teamwork, social nted.

Adapted from https://en.wikipedia.org/wiki/Holland_Codes

- | | |
|--|--|
| <input type="checkbox"/> throw a party | <input type="checkbox"/> teach school |
| <input type="checkbox"/> give first aid | <input type="checkbox"/> become a minister |
| <input type="checkbox"/> make people laugh | <input type="checkbox"/> volunteer for a charity |
| <input type="checkbox"/> talk about feelings | <input type="checkbox"/> be a tour guide |
| <input type="checkbox"/> meet new people | <input type="checkbox"/> be a translator |
| <input type="checkbox"/> be a social worker | |

Enterprising (persuaders)

Enterprising people are adventurous, ambitious, assertive, extroverted, energetic, enthusiastic, confident, optimistic, dominant, persuasive, and motivational. They prefer work that involves leadership, business, and politics. They like being in charge, to take risks and competing.

Adapted from https://en.wikipedia.org/wiki/Holland_Codes

- | | |
|---|--|
| <input type="checkbox"/> sell things | <input type="checkbox"/> run a campaign |
| <input type="checkbox"/> start a club | <input type="checkbox"/> manage a hotel |
| <input type="checkbox"/> debate an issue | <input type="checkbox"/> sell real estate |
| <input type="checkbox"/> take charge | <input type="checkbox"/> practice law |
| <input type="checkbox"/> manage money | <input type="checkbox"/> be a detective |
| | <input type="checkbox"/> plan events for others |

Conventional (organizers)

Conventional people are conscientious and conservative logical, efficient, orderly, organized and detail-oriented. They are individuals who value precision and accuracy. They excel in practical tasks, quantitative measurements, and structured environments and who follow the rules. They prefer work that involves accounting, statistics, mathematics, and office settings

Adapted from https://en.wikipedia.org/wiki/Holland_Codes

- | | |
|--|--|
| <input type="checkbox"/> follow a recipe | <input type="checkbox"/> sort the mail |
| <input type="checkbox"/> clean up a room | <input type="checkbox"/> be a bank teller |
| <input type="checkbox"/> put things in groups | <input type="checkbox"/> analyze handwriting |
| <input type="checkbox"/> plan a trip | <input type="checkbox"/> work in food service |
| <input type="checkbox"/> create a budget | <input type="checkbox"/> take phone message |
| <input type="checkbox"/> follow instructions | |

Ce projet a été réalisé par la CS des Premières-Seigneuries en collaboration avec la CS des Découvreurs

Know your Personality Type with the Holland Code



Know your Personality Type with the Holland Code

One way of exploring careers is by looking at occupations according to occupational interest. John Holland conducted research that divided job seekers into six broad personality type categories:

- REALISTIC ▪ ARTISTIC ▪ ENTERPRISING
- INVESTIGATIVE ▪ SOCIAL ▪ CONVENTIONAL

All types have both positive and negative qualities and none are better than the others. The Holland Code is a generalization, and not likely to be an exact fit. This condensed survey is not intended to be as accurate or comprehensive as a full instrument. Completing this survey might help you identify the cluster(s) of occupations in which you would have the most interest and get the most satisfaction, and it will give you a place to start your career exploration.

Step One: Circle the number of all items below that are appealing to you - leave the rest blank.

- | | | |
|----------------------------------|-------------------------------------|--------------------------------------|
| 1. Planting and growing crops | 17. Buying clothes for a store | 33. Writing stories or poetry |
| 2. Solving math problems | 18. Working from nine to five | 34. Attending sports events |
| 3. Being in a play | 19. Setting type for a printing job | 35. Making your opinions heard |
| 4. Studying other cultures | 20. Using a chemistry set | 36. Using business machines |
| 5. Talking to people at a party | 21. Reading fiction or plays | 37. Building things |
| 6. Working with computers | 22. Helping people with problems | 38. Doing puzzles |
| 7. Working on cars or lawnmowers | 23. Selling life insurance | 39. Fashion design |
| 8. Astronomy | 24. Typing reports | 40. Belonging to a club |
| 9. Drawing or painting | 25. Driving a truck | 41. Giving talks or speeches |
| 10. Going to church | 26. Working in a lab | 42. Keeping detailed records |
| 11. Working on a sales campaign | 27. Playing a musical instrument | 43. Wildlife biology |
| 12. Using a cash register | 28. Making new friends | 44. Using science to get answers |
| 13. Carpentry | 29. Leading a group | 45. Going to concerts or the theater |
| 14. Physics | 30. Following a budget | 46. Working with the elderly |
| 15. Foreign language | 31. Fixing electrical appliances | 47. Sales people |
| 16. Working with youth | 32. Building rocket models | 48. Filing letters and reports |

Step Two: On the chart below, again circle the numbers of the items which appealed to you. Then count the number for each row and write the number in the box to the left. The two highest categories are the clusters in which you have the most interest, and their corresponding labels are your Holland Code. (For example, if you scored highest in Social, and second highest in Artistic, your Holland Code would be "SA". This is where you will concentrate your career exploration efforts.)

	R = REALISTIC	1	7	13	19	25	31	37	43
	I = INVESTIGATIVE	2	8	14	20	26	32	38	44
	A = ARTISTIC	3	9	15	21	27	33	39	45
	S = SOCIAL	4	10	16	22	28	34	40	46
	E = ENTERPRISING	5	11	17	23	29	35	41	47
	C = CONVENTIONAL	6	12	18	24	30	36	42	48

Highest score: _____ Second highest score: _____ My Holland Code: _____

In the lists below, you can identify your type, and then focus on your job search in the "Interest" section of "Advanced Search" in the [Wages and Occupational Data \(WOOD\) tool](#)

REALISTIC

- Robust, rugged, practical, physically strong
- Uncomfortable in social settings
- Good motor coordination
- Weak verbal and interpersonal skills
- See themselves as mechanically and athletically inclined
- Stable, natural, persistent
- Prefer concrete to abstract problems
- Have conventional political and economic goals
- Rarely perform creatively in the arts or science
- Like to build things with tools
- Like to work outdoors
- Cool to radical new ideas
- Like to work with big, powerful machines
- Buy boats, campers, snowmobiles, motorcycles

INVESTIGATIVE

- Scientific orientation
- Task-oriented, all wrapped up in their work
- Introspective and asocial
- Think through rather than act out a problem
- Strong need to understand the world
- Enjoy ambiguous tasks
- Prefer to work independently
- Have unconventional attitudes
- See themselves as lacking in leadership skills
- Confident of their intellectual abilities
- Analytical, curious, reserved, independent
- Great dislike for repetitive activities
- Buy telescopes, calculators, electronic equipment

SOCIAL

- Sociable, responsible, humanistic, religious
- Like to work in groups
- Have verbal and interpersonal skills
- Avoid both intellectual problem-solving and physical exertion
- Enjoy healing, developing, training, or enlightening others
- Understanding, helpful, idealistic
- Dislike working with machines or in highly structured situations
- Like to discuss philosophic questions
- Concerned with the welfare of others
- Cooperative, friendly, generous
- Attend workshops, other group experiences

ENTERPRISING

- Good verbal skills, persuasive
- Strong leaders
- Avoid work involving long periods of intellectual effort
- Strong drive to attain organizational goals
- Concerned with power, status, and leadership
- Aggressive, popular, sociable, self-confident
- High energy level - Adventuresome, ambitious
- Enjoy making things happen
- Value money and material possessions
- Dislike science and systematic thinking
- Buy big cars, nice clothes, country club memberships

CONVENTIONAL







- Prefer well-ordered environments
- Like systematic, verbal and numerical activities; avoid ambiguous situations and problems
- Conscientious, efficient, practical
- Identify with power
- Value material possessions and status
- Orderly, persistent, calm
- Adverse to free, unsystematic, exploratory behavior in new areas
- Do not seek outside leadership
- Stable, controlled, dependable
- Most effective at well-defined tasks
- Save money, buy conservatively

ARTISTIC

- Like art, music, drama, other creative interests
- Prefer free, unstructured situations
- Impulsive, non-conforming, independent
- Adverse to rules
- Deal with problems through self-expression in art
- Value beauty and aesthetic qualities
- Expressive, original, intuitive
- Like to work in free environments
- Like small, intimate groups
- Willing to take risks to try something new
- Dress in freer styles than other people
- Have need for individualistic expression
- Not assertive about own capabilities
- Sensitive and emotional
- Spend money on art objects—books, paintings, DVD's, CD's

ACTIVITÉ SYNTHÈSE





1- À la suite de l'activité, mon type principal est :

Réaliste	Investigateur	Artistique	Social	Entreprenant	Conventionnel
					

2- À partir d'exemples de ta vie courante, montre comment ce type te représente vraiment.

3- Dans cette situation d'apprentissage en anglais, tu as eu l'occasion de faire des apprentissages en orientation, plus précisément en lien avec les six types de personnalité de Holland. En effet, pour mieux identifier tes intérêts, tu as utilisé la stratégie « décrire ». En décrivant tes intérêts, tu as été en mesure de te reconnaître dans l'une des typologies de Holland. Par conséquent, tu devrais être en mesure de mieux te connaître maintenant.

Passe maintenant à ton auto-évaluation concernant tes apprentissages en orientation.
 Fais un crochet dans la case qui représente le mieux tes apprentissages :

Mon auto-évaluation	++ 	+ 	- 	-- 
1- J'ai appris à utiliser la stratégie « develop ».				
2- Je connais mieux mes intérêts et mes non-intérêts.				